



# FREE Bright Start Activities - NORTH

(For Islington residents with a child under 5 years)



**1 November – 17 December 2021** (see box on left for booking)

## What you need to know!

**Stay & Play** sessions are now 'drop in'. Numbers may be limited.

\***Online** and some other **centre based sessions** require booking. Contact the Bright Start area shown.

For timetables in other areas visit: [www.islington.gov.uk/brightstart](http://www.islington.gov.uk/brightstart)

## Bright Start North

[brightstartnorth@islington.gov.uk](mailto:brightstartnorth@islington.gov.uk)  
020 7527 8441

### Children's Centre details:

Archway, Vorley Rd, N19 5HE

Hornsey Road, 1a Titman Place, N7 7EN

Hungerford, 10 Goodinge Rd N7 9LH

North Islington, 110 Tollington Park N4 3RB

Willow, 1a Holbrooke Court, N7 0BF

## Bright Start Central

[brightstartcentral@islington.gov.uk](mailto:brightstartcentral@islington.gov.uk)  
020 7527 8465

## Bright Start South

[brightstartsouth@islington.gov.uk](mailto:brightstartsouth@islington.gov.uk)  
020 7527 4089

## Telephone Family Support Surgery

Our Family Engagement Workers are available Monday - Friday  
9am - 12noon. Ring: 020 7527 8376  
'In person' visits can be booked

Monday AM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM
<b>0-5s Stay &amp; Play</b> 9.45 -11.15am (donation) Hilldrop Community Centre, N7 OJE	<b>Chatterpillars</b> (by invitation) 10 -11.30am <b>Hornsey Road</b>	<b>Childminders' Stay &amp; Play</b> 9am - 12noon (£1 donation) Whittington Park (Early Years Hub)	<b>Childminders' Stay &amp; Play</b> 9am -12noon (£1) Whittington Park (Early Years Hub)	<b>0-5s Stay &amp; Play</b> 10am -12noon (£2) Caxton House, N19 3RQ
<b>0-5s Stay &amp; Play</b> (with Family Support Surgery) 10 - 11.30am <b>Archway</b>	<b>Childminders' Group</b> 10 -11.30am <b>Willow</b>	<b>Family Kitchen (children 2-5yrs)</b> 9.30 - 11.30am (3 Nov - 8 Dec) Caxton House, N19 3RQ (Book via <a href="http://www.islington.gov.uk/familiesforlife">www.islington.gov.uk/familiesforlife</a> )	<b>Sensory Adventures</b> (invite only) 09.45 -10.30am or 11 - 11.45am <b>Archway</b>	<b>Early Communication</b> (Under 1s) 10.30 -11.30am (3 Dec only) <b>Central - Factory (N16 8NP)</b> (Ring or email to book)
<b>0-5s Stay &amp; Play</b> 10am -12noon <b>Caxton House, N19 3RQ</b>	<b>Baby massage</b> (limited places) 10.30am - 12noon (bookings only) Hungerford	<b>0-5s Messy Play</b> 9.45 -11.15am (donation) Hilldrop Community Centre, N7 OJE	<b>Chatterpillars</b> (by invitation) 10 - 11.30am <b>Willow</b>	<b>Under 1s Stay &amp; Play</b> 10 - 11am <b>North Islington</b>
<b>Extra Boost</b> (by invitation) 10 -11.30am <b>Hungerford</b>	<b>0-5s Stay &amp; Play</b> 10am -12noon (£2) <b>Brickworks Community Centre N4 4BY</b>	<b>0-5s Stay &amp; Play</b> 10 - 11.30am <b>Andover Community Centre</b>	<b>0-5s Stay &amp; Play</b> 10 - 11.30am <b>Hungerford</b> (will include park visits)	<b>0-5s Song &amp; Movement Stay &amp; Play</b> 10 -10.45am & 11 - 11.45am <b>Willow</b>
<b>Housing Advice Surgery</b> - by phone 10am -1pm (for private tenants only) <b>Central</b> (call to book)	<b>Little Explorers</b> (outdoors) (run by The Garden Classroom) 10 -11.30am (from 2 - 16 Nov only) Whittington Park, N19 4RS	<b>0-5s Stay &amp; Play</b> 10 -11.30am <b>Willow</b>	<b>0-5s Stay &amp; Play</b> 10am -12noon (£2) <b>Brickworks Community Centre, N4 4BY</b>	<b>Baby massage</b> (limited places) 10.30am - 12noon (bookings only) <b>Hornsey Road</b>
<b>Baby Bounce Rhyme Time</b> (0-18mths) 11am <b>Archway Library, N19 5PH</b>	<b>0-5s Stay &amp; Play (outdoors)</b> 10.30am (1 hour) (Meet at entrance by zebra crossing) <b>Sunnyside Gardens, N19 3QL</b>	<b>0-5s Stay &amp; Play</b> 10am -12noon (£2) <b>Brickworks Community Centre, N4 4BY</b>	<b>First Aid</b> (must be booked) 11 Nov & 9 Dec (no crèche) 10.30am - 12noon - <b>Hornsey Road</b> 1.30 - 3pm - <b>Hungerford</b>	<b>Baby Bounce Rhyme Time</b> (0-18mths) 11am <b>North Library, N7 6JX</b>
To use Bright Start services you will need to register. Click on the link <a href="http://www.islington.gov.uk/brightstart">www.islington.gov.uk/brightstart</a>	<b>Under 5s Story &amp; Rhyme Time</b> 11am <b>North Library, N7 6JX</b>	<b>Under 5s Story &amp; Rhyme Time</b> 11am <b>Archway Library, N19 5PH</b>	<b>Mums &amp; Babies Meet-up (BFN)</b> 10.30-11.30am To join visit: <a href="http://www.bit.ly/MABMU">www.bit.ly/MABMU</a>	Subscribe to our BrightStart Bright Idea's newsletter <a href="http://bit.li/BSBIssubscribe">http://bit.li/BSBIssubscribe</a>
Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
<b>Under 1s Stay &amp; Play</b> 1.30 - 3pm <b>Archway</b>	<b>Under 1s Stay &amp; Play</b> 1.30 - 2.30pm <b>Hornsey Road</b>	<b>0-5s Stay &amp; Play</b> 1-3.30pm (£1 donation) Whittington Park (Early Years Hub), N19 4RS	<b>0-5s Stay &amp; Play</b> 1-3pm (£1 donation) Whittington Park (Early Years Hub)	<b>Breastfeeding Support Group (BFN)</b> 1 -2.30pm To join visit: <a href="http://www.bit.ly/AmblerBF">www.bit.ly/AmblerBF</a>
<b>Talk and Play SLT workshop</b> 1.30 - 2.30pm (6 Dec only) <b>Central</b> *Online	<b>0-5s Twilight Stay &amp; Play</b> (outdoors) 3.30 -5pm <b>North Islington</b>	<b>First Aid</b> * Online 1.30 -2.30pm (17 Nov & 15 Dec ) <b>South</b>	<b>New Parent Group</b> (Under 4 months) (6 week programme - must be booked) 1.30 - 3pm (from 4 Nov) <b>Archway</b>	<b>Under 1s Stay &amp; Play</b> 1.30 -3pm <b>Hungerford</b>
<b>Special Time - 2 linked workshops</b> 1.30 -2.30pm (22 & 29 Nov only) <b>North</b> *Online	<b>Breastfeeding support</b> (run by breastfeeding network) 1.30 -3.30pm (by appointment) <b>Archway</b>	For <b>Adult Learning</b> courses including ESOL, Maths, English, Literacy and Family Learning visit <a href="http://www.islington.gov.uk/adultlearning">www.islington.gov.uk/adultlearning</a>	<b>Introducing Solid Food Workshops</b> 1.30 -2.30pm (28 Oct, 25 Nov) <b>Willow</b> (must be booked)	<b>Saturday AM - NEW</b>
<b>Early Communication</b> (Under 1s) 1.30 - 2.30pm (8 Nov only) <b>South - Bemerton (N1 0DX)</b> (Ring or email to book)	Also available at <b>Hungerford</b> on Thursday afternoons. To book on either day t; 020 3316 8349 or visit <a href="http://www.islington.gov.uk/breastfeeding">www.islington.gov.uk/breastfeeding</a>	<b>Finding parenting a challenge?</b> For information on parenting programmes visit: <a href="http://www.islington.gov.uk/parenting">www.islington.gov.uk/parenting</a> programmes	<b>Looking for Childcare?</b> (Family Information Service Q&A) 1.30 -2.30pm (11 Nov & 16 Dec) <b>North</b> *Online	10am - 12noon 13 Nov & 11 Dec - <b>Fathers Stay &amp; Play</b> 27 Nov - <b>Family Stay &amp; Play</b> <b>Willow</b>
For more information about the <b>Chatterpillars</b> , <b>Extra Boost</b> or <b>SENadventures</b> sessions, please speak to your health visitor. Or you can contact Bright Start North.	<b>British Library</b> family workshops visit <a href="https://www.bl.uk/events?eventsubtype=family-activity">https://www.bl.uk/events?eventsubtype=family-activity</a>		<b>0 - 5s Stay &amp; Play</b> 2 - 3.30pm <b>Hornsey</b>	See separate flyer for Saturday activities on other areas. Available at: <a href="http://www.islington.gov.uk/brightstart">www.islington.gov.uk/brightstart</a>
			<b>Under 1s Stay &amp; Play</b> 3 -4.30pm <b>Willow</b>	